



The submodule "Interpretation of definitions" is a crucial step in the art of reading a BodyGraph. It is here that all the knowledge acquired about centers, gates and channels is put into practice, to make a living and personalized synthesis. This is the moment when we move from theory to practice, from analysis to intuition, to touch the essence of a being in its singularity.

Interpreting definitions is actually telling the unique story of a person through their energy design. It's about spotting the red threads that weave their life, the recurring themes that color their experience, the strengths and challenges that mark their evolutionary path. It is also about feeling the overall dynamic that animates their BodyGraph, the subtle dance between their defined and open centers, their channels, and their gates.

Let's take the example of a BodyGraph with a defined sacral center, connected by a 34-20 channel to a defined throat center, and with an open head center. This configuration tells us about a being who has access to a powerful and enduring vital energy (sacral center), which they are here to manifest and express in the world through persevering and determined work (34-20 channel). Their life will largely revolve around these themes of creation, sustained effort, concrete realization. However, with their open head center, they may also be very inspired and stimulated by the ideas and visions of others, while sometimes struggling to find mental silence and focus. Their challenge will be to learn to channel their creative energy with discernment, without being dispersed by all the possibilities that present themselves.

Here we see how each element of the BodyGraph adds a nuance, a dimension to the overall story. The centers tell us about basic energy resources, the channels show us how this energy is directed and expressed, the gates bring specific themes of experience and

learning. And open centers reveal areas where the person is more sensitive and receptive to their environment, where they need to learn to manage the impact of others on them.

Another example might be a BodyGraph with many defined gates in the upper half, around the throat and ajna center, and few definitions in the lower half. This person will probably have a strong mental orientation, a great need to understand, analyze and communicate. They may excel in areas such as teaching, writing, research, where they can express their ideas and concepts. However, with few definitions in the lower half, they may struggle to anchor their visions in material reality, to manage their vital resources, or to find emotional stability. Their path to balance will be to learn to embody their ideas more, to take care of their body and basic needs, to open up to their feelings as much as their thoughts.

Beyond the details of each definition, the art of interpretation is mainly about feeling the overall melody of a being, the fundamental note that resonates in all their experiences. It's about perceiving the unique potential that seeks to express itself through this particular design, the promise of evolution and contribution that animates this soul. It is also about intuiting the challenges and paradoxes that are an integral part of this path, the invitations to grow and constantly balance.

For every BodyGraph is both a portrait and a landscape, an identity and a trajectory. It shows us both who we are in our essence, and how we can become more fully, by embracing our uniqueness. It is the map of our "inner home", with its defined and bright rooms, its open and mysterious areas, its subtle energy circulations. It is up to us to learn to inhabit it consciously, to make it a space of fulfillment and sharing.

Thus, interpreting a BodyGraph is ultimately entering into a living relationship with a being, beyond words and concepts. It's about being touched by their unique story, resonating with their energies, vibrating with their potential. It's about honoring them in their entirety, with their strengths and weaknesses, their lights and shadows. It's about inviting them to accept and love themselves as they are, to better choose and create themselves at every moment.

In this sense, the interpretation of definitions is much more than a technique: it's an art of meeting and celebrating the being in their naked truth. It's an act of love and revelation, which can open doors of consciousness and deep transformation. For by recognizing the perfection and beauty of the other's design, we invite them to recognize and deploy the perfection and beauty of their essential being. We become the mirror that allows them to see and love themselves in their entirety, beyond judgments and fears. We help them connect to their own inner wisdom, to their own soul authority.

Perhaps the most beautiful gift of the interpretation of definitions is: allowing everyone to meet and marry themselves in their unique truth, to better honor and embody the gift they have come to offer to the world. A gift that only asks to be unwrapped with consciousness, curiosity and wonder, throughout a life of learning and self-unfolding. A gift that contains all

the keys to our fulfillment and our contribution, if we know how to decode its secret language with the eyes of the heart.

So, whether you explore your own BodyGraph or that of another, do it with this intention to reveal and celebrate the inherent beauty of each design. Let the definitions tell you the sacred story of a soul on its way to itself, with its chapters of shadow and light, its leitmotifs and twists. And let this story touch and inspire your own, as an invitation to more and more truth, acceptance and love. For this is how interpretation becomes a gateway to the realization of our highest potential, individual and collective. A gate that we have the privilege and joy to open, for ourselves and for others, with each BodyGraph reading.

Takeaways:

- The interpretation of definitions is the key step to move from theory to practice in reading a BodyGraph. It involves making a personalized synthesis of centers, gates, and channels to tell an individual's unique story.
- Each element of the BodyGraph (defined/open centers, channels, gates) adds a nuance and reveals specific themes of experience, strengths, and challenges in the person's evolutionary path.
- Beyond the details, the key is to perceive the overall melody of the being, their unique potential, and the invitations to balance and grow that emerge from their design.
- Interpreting a BodyGraph is entering into a deep relationship with a being, honoring them in their entirety, inviting them to accept and love themselves as they are. It is an act that awakens consciousness and stimulates transformation.
- By revealing to each the beauty and perfection of their unique design, interpretation allows connecting to one's own inner wisdom and fully embodying who one is.
- Each BodyGraph is a gift to be unwrapped with consciousness and wonder, it contains the keys to our fulfillment and contribution to the world.
- The essential intention in interpretation is to celebrate each soul's sacred journey towards itself, inspiring more truth, acceptance, and love.