



The 3/6 profile, also known as the Role Model Martyr, is a powerful and influential profile in Human Design. Individuals with this profile combine the sacrificial tendencies of line 3 with the exemplifier qualities of line 6. This unique combination creates life dynamics where the individual is compelled to sacrifice themselves to set an example and inspire others.

Line 3, the Martyr's line, brings an energy of self-sacrifice and service to others. As we have seen in previous modules, people with a line 3 in their profile often have a profound sense of mission and duty. They feel called to contribute to something greater than themselves, even if it involves suffering or sacrificing along the way. This tendency towards martyrdom can lead them to neglect their own needs and desires for the benefit of others.

Line 6, the Role Model line, brings energy of exemplification and influence. People with a line 6 in their profile often have a sharp sense of responsibility and ethics. They feel called to be examples, to show the way and inspire others through their actions and way of life. This tendency to exemplify can lead them to feel constantly observed and judged, and to feel pressure to be perfect.

When these two lines combine in a 3/6 profile, it creates a unique dynamic of sacrifice and exemplification. Role Model Martyrs are driven to sacrifice not only for a cause, but also to set an example and inspire others to follow their path. Their sacrifice becomes an act of teaching, a way to demonstrate by example the values and principles they champion. Their life itself becomes a message, a call to awakening and change.

A historical example of a Role Model Martyr might be Mahatma Gandhi. Through his life of voluntary simplicity, non-violence, and peaceful resistance (line 6), he set an example of a new way to fight for freedom and justice. He endured many trials, fasts, and imprisonments

(line 3), thus becoming a powerful symbol that inspired millions of people in India and around the world. His personal sacrifice was inextricably linked to his role as a model and guide to his people.

An interesting feature of the 3/6 profile is its ability to inspire lasting change in others. Unlike pure martyrs of line 3, who may sometimes sacrifice themselves without having a long-term impact, Role Model Martyrs often have an influence that lasts well beyond their personal sacrifice. Their example of life becomes a beacon, a guide that continues to illuminate and inspire long after they are gone. They can initiate movements, traditions, or schools of thought that carry their message across generations.

However, this combination of sacrifice and exemplification can also create great pressure and a sense of isolation for the Role Model Martyr. They may feel constantly in the spotlight, obliged to be perfect and flawless in all aspects of their life. Their willingness to sacrifice themselves may lead them to neglect their own emotional well-being and feel cut off from others. Learning to balance their public role with their need for privacy and authenticity is a major challenge for this profile.

Take the example of a modern-day Role Model Martyr who is a renowned ecological activist. Through her sustainable and minimalist lifestyle (line 6), she inspires thousands of people to reduce their environmental impact. She gives many lectures, takes part in non-violent actions, and is even arrested several times (line 3), thus becoming a famous face of the movement. However, she also struggles with never feeling good enough, always having to be a perfect example. She finds it difficult to make time for her own needs and personal relationships.

In the end, the growth path for the Role Model Martyr is to learn to embrace their role of influence while remaining grounded in their humanity. They must find a balance between their dedication to their mission and their own authenticity and vulnerability. They must also learn to accept their own limitations and imperfections, and let others see their humanity behind the public image.

When they find this balance, Role Model Martyrs can become incredibly powerful and touching leaders and inspirers. Their unique combination of conviction, sacrifice, and exemplification can trigger profound transformations in individuals and societies. Their life then becomes a living testament to the importance of living one's values, even at the cost of great personal sacrifice.

So, if you are a Role Model Martyr, celebrate your unique nature and your potential for influence. Embrace your desire to set an example and inspire others, even if it involves sacrifices and challenges. Find strength in your integrity and let your light shine. But also remember to give yourself compassion and space for your own humanity. You have within you the ability to change lives and shape the world, precisely because you are ready to live

your truth so visibly and so bravely. This is a rare and precious gift, so cherish it and share it with authenticity.

Points to remember:

- The 3/6 profile, also called Role Model Martyr, combines the sacrificial tendencies of line 3 with the exemplifier qualities of line 6.

- Line 3 brings energy of self-sacrifice and service to others, which can lead to neglecting one's own needs.

- Line 6 brings energy of exemplification and influence, with a sharp sense of responsibility and ethics.

- Role Model Martyrs sacrifice themselves to set an example and inspire others, their life becoming a message.

- They have the ability to inspire lasting change, their influence enduring beyond their personal sacrifice.

- However, they may feel great pressure and a sense of isolation, needing to find a balance between their public role and their need for authenticity.

- The growth path for the Role Model Martyr is to embrace their role of influence while remaining grounded in their humanity.

- When they find this balance, they can become powerful and touching leaders and inspirers, triggering profound transformations.

- Role Model Martyrs should celebrate their unique nature, embrace their desire to inspire, while extending compassion towards their own humanity.