



Channel 1, also known as the Will Channel, is formed by connecting gates 28 and 38. It is a channel from the matrix of individuality, linking the throat center to the spleen center. This channel brings a powerful and constant energy of determination and persistence.

When this channel is defined, it gives the individual an unwavering will and an ability to pursue their goals despite obstacles. People with this defined channel are often natural leaders, capable of making firm decisions and rallying others around a common goal. They have a "go-getter" energy that can be very inspiring and contagious.

However, this same willpower can also manifest as stubbornness or inflexibility. People with the defined Will Channel may struggle to let go or to change direction, even when it would be in their best interest. They may continue to push and force, at the risk of exhausting themselves or neglecting other important aspects of their lives.

A concrete example could be an entrepreneur with the defined Will Channel who works tirelessly to build their business. His determination and persistence allow him to overcome many challenges and setbacks, and to inspire his team to give their best. However, this same iron will can also lead him to neglect his health, relationships, or emotional well-being in his quest for success.

For people with this defined channel, learning to balance their will with wisdom and flexibility is a significant challenge. They need to learn to listen to their bodies and emotions, and to know when to persevere and when to let go. They also need to learn to appreciate the process as much as the result, and to find satisfaction in the effort itself.

On the other hand, for people with the open Will Channel, the challenge is to learn to access

their own sense of determination and persistence without being overwhelmed by the will of others. They can be very inspired and motivated by the willpower of others, but they must be careful not to lose sight of their own needs and desires in the process. Learning to say "no" and to set healthy boundaries is essential for them.

It's interesting to note that the Will Channel is related to the theme of struggle and survival in the I Ching. Gates 28 and 38 are associated with the hexagrams of "The Preponderance of the Great" and "Opposition," which evoke images of combat, perseverance in the face of adversity, and the ability to rise after a fall. This channel therefore carries a deeply resilient and combative energy, which can be a great asset when channeled in a healthy way.

Ultimately, the Will Channel is a powerful source of energy and determination that can enable us to achieve great things. But as with any powerful energy, it requires wise and balanced management. By learning to embrace our will while staying attuned to our other needs and our environment, we can use this channel as a positive force for ourselves and for the world around us.

Key points to remember:

- Channel 1, also called the Will Channel, links the throat center to the spleen center. It brings an energy of determination and persistence.
- When defined, this channel gives an unwavering will and an ability to pursue goals despite obstacles. People with this defined channel are often natural leaders.
- However, this willpower can also manifest as stubbornness or inflexibility, leading to neglect of other important aspects of life.
- For people with this defined channel, it is crucial to learn to balance their will with wisdom and flexibility, by listening to their bodies and emotions.
- For people with the open Will Channel, the challenge is to access their own determination without being overwhelmed by the will of others, by setting healthy boundaries.
- The Will Channel is tied to the theme of struggle and survival in the I Ching, carrying resilient and combative energy.
- This powerful energy calls for wise and balanced management, embracing our will while staying attuned to our other needs and our environment.