



The heart center, located just to the right of the G center in the BodyGraph, is the center of material ego, will, and value. It is here where we find our sense of personal worth, our ability to assert ourselves, and our desire to succeed in the material world. The heart center is the seat of our ego, not in the negative sense of the term, but in the sense of our individuality and will to express ourselves.

When the heart center is defined, that is, when there is an activated gate, the person has a clear sense of their own worth and will. They know what they want and are ready to work hard to get it. Those with a defined heart center often have great confidence in themselves and a strong presence. They are comfortable making decisions and asserting themselves in the world.

However, this definition can also create constant pressure to succeed and prove one's worth. Those with a defined heart center may tend to overwork themselves, be too competitive, or base their worth on their material achievements. They may find it hard to relax and feel good unless they are working towards a goal.

When the heart center is open, the person does not have this innate sense of personal worth and will. Instead, they are open to the influence of others in these areas. They can absorb the energies of worth and will from their environment and may have trouble knowing what they truly want. Those with an open heart center can be very accommodating and may struggle to say no.

However, they can also be very skilled in collaboration and creating harmony in relationships. They do not need to impose their will and can be very attentive to the needs of others. They can find their worth in contributing to others rather than pursuing their

own goals.

A key aspect of the heart center is its relationship with material and value. When we are in alignment with our true sense of worth, we can attract abundance and material success in our lives. We can also recognize the inherent worth in ourselves and others, regardless of external achievements.

Let's take the example of an entrepreneur with a defined heart center. They have always known that they wanted to start their own business and worked tirelessly to achieve it. They are confident in their ability to succeed and are not afraid to take risks. Their clear sense of personal worth and will allows them to overcome challenges and persevere even in difficult times.

On the other hand, someone with an open heart center could excel in a supportive role, such as a personal assistant or therapist. They are skilled at adapting to the needs of others and creating a harmonious environment. They find their worth in helping others succeed and feel good, rather than in pursuing their own ambitious goals.

Understanding your heart center is essential for finding a healthy balance between personal will and cooperation, between material success and intrinsic value. Whether the heart center is defined or open, it's important to learn how to assert oneself authentically while honoring the needs and value of others. By aligning with our true sense of worth, we can create a prosperous and fulfilling life, both materially and emotionally.

The heart center is closely linked to the G center and the throat center. Together, these three centers form a powerful energy triangle related to identity, direction, manifestation, and value. By understanding how these centers interact in our unique BodyGraph, we can navigate the world with more clarity, authenticity, and impact.

Key Points:

1. The heart center is the seat of the material ego, will, and personal value.
2. When the heart center is defined, the person has a clear sense of their own worth and will, but may feel constant pressure to succeed and prove their worth.
3. When the heart center is open, the person is open to the influence of others in these areas and may struggle to know what they truly want, but may excel in collaboration and relational harmony.
4. Alignment with our true sense of worth allows for attracting abundance and material success into our lives.

5. It is important to find a healthy balance between personal will and cooperation, between material success and intrinsic value.

6. The heart center is closely linked to the G center and the throat center, forming a powerful energy triangle related to identity, direction, manifestation, and value.